## Pökoot language

## Kekany Kimi Pögh Cho Karamach: Kemuch Kömpölelut Ompö Keston Cho Mi Kenya Wölo Le Sany

Ngölono kitapunï lasiny ngal cho nömöy kegh nko kesik pögh cho karamach ompö keston cho mi Kenya wölo le sany, kenkiti kömpölelut cho nyoru pich ompö keston cho mi sany nko ortin cho chamat kenyorunö pögh cho karamach. Pö man pö ptangeng möt kinyori pögh cho silate akichamat kegha, wölo nyu singöy koroswö cho mi Kenya wölo le sany nko chopata pögh, rartagh pö tekshewut, nko kinyarata tikin.

Ngölono kitapunï kömpölelut cho ghechön cho tösini chopata pögh ompö keston cho mi Kenya wölo le sany. Kömpölelut cho lata kömöy nyo pö ato kogh nyo ripuno waghakagh pö wölo lata korö, kekwolö kegh woptina pögho rop, nko chopata teksyewut cho pö wölo kinyoruntoy pögh. Cho pö tösunöt, nyoröy pögh pareni cho kipit nko ngöringin pö tikin cho konu silityö.

Ompö ngal cho pö tagh nko lökoyo kor, poru kitapuni ighsyewut cho pö singa ompö osis cho pö pipö keston cho mi sany cho pestoy kitenö osis woptin cho lowöch kirama pögh wölo mönyimnyimnye kenyorchi pögh. Nikisyoni, kipö yotin nko moning, kususöy otöptinekwa, masomö, nko ighsyewut pö pesyaren. Konu tikil chopata pögh cho karamach sömewut, akwipchi pipö korononi kichir.

Mwoghu kitapu nete ortïn cho chang cho chamate kesata kömpölelut cho pö pögh. Ortïn cho lata, kemuch kegh ortïn cho kïnyoruntoy pögh cho letöy, takata pögho rop, keparpar chumoy nko kegh wölo pkwono pögh. Cho pö tösunöt, kikuporï lö letöy ngala pögh ato kïpöghisyeghö pipö kor ompö tötut nko kamanata ighsyewut pö pögh.

Chïreryö nyo rel nyo pö wölo kïnyoruntoy pögh nyo lata pögho sola nko tikin cho silitöy pögh , ki or nyo kïnyorchinegho pögh cho karamach. Kichöy kitapu nete nyoryogh nko pipö soch, chepkaram mu tin, nko pich pipö pesyaren kïpöghisyeghö ortine chete kakengalana kungarach pipö keston cho pö sany kumuch woptin cho mi pögh.

Keröto kitapunï kï kuporï nkïtunogh cho pö lawal cho kïnyoruno pögh cho karamach ompö kestoni Kenya cho mi wölo le sany akuchichim nyoryogh pö pich lapay tömanyïl kesat pöghisyewut pö pögh cho pö ato kogh. Kesat ngalechete köromöch, kimuköy ketötowï köromyo otöp, pöghisyö, kinonut pö pesyaren cho pö pipö kestoni Kenya cho pö wölo le sany.

## English translation

## Ensuring Access to Clean Water: Overcoming Challenges in Rural Kenya

This book examines the critical issue of access to clean water in rural Kenya, exploring the challenges faced by rural communities and potential solutions to improve water availability and quality. Access to clean and safe drinking water is a fundamental human right, yet many rural areas in Kenya struggle with limited water resources, inadequate infrastructure, and contamination issues.

The book highlights the primary challenges contributing to water scarcity in rural Kenya. These include prolonged droughts exacerbated by climate change, over-reliance on rain-fed water sources, and lack of investment in water infrastructure. Additionally, contamination from agricultural runoff and inadequate sanitation facilities further compromise the quality of available water.

Through first-hand accounts and community stories, the book illustrates the daily struggles of rural residents who often walk long distances to fetch water from unreliable sources. This burden disproportionately affects women and children, impacting their health, education, and economic opportunities. The scarcity of clean water also leads to increased incidences of waterborne diseases, posing severe health risks to these communities.

The book identifies several promising solutions to address these water challenges. These include the implementation of sustainable water management practices, such as rainwater harvesting, construction of boreholes, and rehabilitation of existing water infrastructure. Additionally, community-based water projects that involve local residents in planning and management are shown to be more effective and sustainable.

Innovative technologies, such as solar-powered water pumps and water purification systems, are also explored as viable options to enhance water access and quality. The book emphasizes the need for coordinated efforts from the government, non-governmental organizations, and private sector to invest in these solutions and support rural communities in managing their water resources.

This book aims to raise awareness about the urgent need to improve access to clean water in rural Kenya and to encourage collaborative efforts to ensure sustainable water solutions. By addressing this critical issue, we can significantly enhance the health, well-being, and economic prospects of rural communities in Kenya.